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# Reversing Gum And Heart Disease: A Protocol To Lower Hs-CRP, And Heal Inflammation Through A Paleo Diet, Dental Care, And Targeted Nutrients And Supplements ... Simple Steps To Better Health Book 9)

## REVERSING GUM AND HEART DISEASE

A Protocol to Lower hs-CRP, and Heal  
Inflammation through a Paleo Diet, Dental Care  
and Targeted Nutrients and Supplements



DIANE  
CULIK MD



## Synopsis

This eBook provides a roadmap to improving your health in general, and dental or oral health specifically. It covers heart health, specifically hs-CRP, gum disease and inflammation and how to lower your hs-CRP score and heal the inflammation through the use of a Paleo type diet and targeted nutrients and supplements. This information can literally change your life for the better if you apply it!

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